

RAMCO INSTITUTE OF TECHNOLOGY, RAJAPALAYAM

UNNAT BHARAT ABHIYAN

AISHE CODE: C-49144

REPORT FOR THE ACDEMIC YEAR 2023-2024

Sl.No.	Date	Name of the Programme
1	12.02.2024	Temple Cleaning Work at Mamsapuram
2	13.02.2024	Sculpture Hall Cleaning at Mamsapuram
3	14.02.2024	Yoga Training Program for the students of Pasumpon Thevar Hr. Sec. School, Mamsapuram
4	23.02.2024	Aari Work Training at Zaminkollankondan
5	23.02.2024	Yoga Training at Zaminkollankondan
6	23.02.2024	Workshop on Electrical Energy Conservation in Home Appliances at Zaminkollankondan
7	26.03.2024	Awareness Program on Health and Hygiene
8	01.04.2024	Aari Work Training at Pillaiyarkulam
9	01.04.2024	Workshop on Electrical Energy Conservation in Home Appliances at Pillaiyarkulam

Temple Cleaning Work at Mamsapuram

Ramco Institute of Technology, being a participating institute of the Unnat Bharat Abhiyan Initiative was involved in Temple Cleaning Work in its selected village, Mamsapuram on 12.02.2024. 30 student volunteers under the coordination of the UBA Coordinators were involved in the drive. The temple and its premises were made clean to the joy of the villagers.



Sculpture Hall Cleaning Work at Mamsapuram

As part of Unnat Bharat Abhiyan Initiative, the UBA cell of Ramco Institute of Technology, Rajapalayam initiated the Sculpture Hall Cleaning Program at Mamsapuram Village on 13.02.2024. The event was coordinated by the UBA Coordinators of Ramco Institute of Technology. 30 student volunteers from the institution were involved in this work. The once dilapidated building is now being used by villagers.



Yoga Training Program

As part of Unnat Bharat Abhiyan Initiative, the UBA cell of Ramco Institute of Technology, Rajapalayam conducted Yoga Training Program for the students of Pasumpon Thevar Hr. Sec. School, Mamsapuram on 14.02.24. Mr. S. Alagar, Sivananda Yoga Teachers' Training Course (TTC), Yoga Master, Srivilliputhur provided the training. Students have started practicing yoga regularly for their health and well-being.



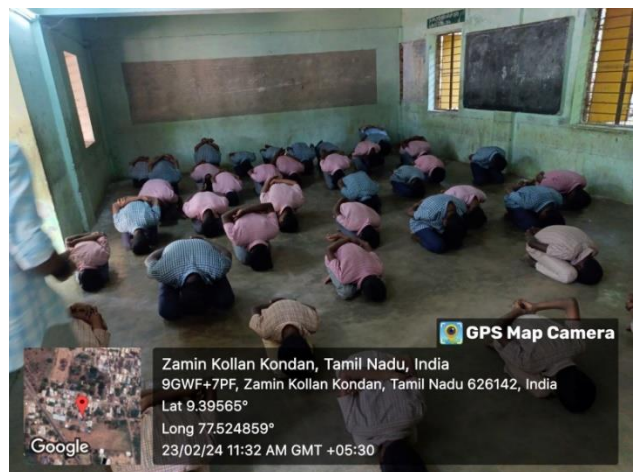
Aari Work Training at Zamin Kollankondan

The Aari work training was given for the school students and the public of Zamin Kollankondan Village on 23.02.2024. Ms.K.Devi, Aari Work trainer, Srivilliputhur trained the students. 22 students participated in this training. This program creates awareness of Aari work and they learn a self-employment activity. Job opportunities and livelihood have been enhanced for the women of that village.



Yoga Training at Zamin Kollankondan

Yoga training was given for the school students of Zamin Kollankondan Village on 23.02.2024. Mr.S.Alagar, Sivananda Yoga Teacher' Training Course (TTC), Yoga Master, Srivilliputhur trained the students. 43 students participated in this training. The master explained the importance of yoga and practiced some of the yogas to improve their memory power and study skills.



Workshop on Electrical Energy Conservation in Home Appliances

In order to create awareness on Energy Conservation among the general public, the Workshop on Energy Conservation in Home Appliances was conducted on 23.02.2024 by RIT-UBA. Over 42 school students and public people benefited. The structure and content of the Workshop on Electrical Energy Conservation in Home Appliances, focusing on educating participants about energy consumption, promoting energy-efficient appliances, and fostering a commitment to sustainable practices. The workshop content is given below:

Energy-Efficient Appliances:

- Overview of Energy Star Ratings
- Selection Criteria for Energy-Efficient Appliances

Practical Tips for Conservation

- Proper Appliance Usage
 - (i). Refrigerators and Freezers, (ii). Washing Machines and Dryers
 - (iii). Air Conditioners and Heaters, (iv). Electrical Motors, Lighting
- Behavioral Changes for Energy Conservation
 - (i). Turning Off Lights and Electronics, (ii). Unplugging Idle Devices

Government Incentives and Policies

- Available Incentives for Energy-Efficient Appliances
- Government Policies Supporting Energy Conservation
- Case Studies: Successful Implementation of Policies



Awareness Program on Health and Hygiene

In order to create awareness on health and hygiene among the students UBA, Ramco Institute of Technology conducted an Awareness Program on Health and Hygiene on 26.03.2024 at RIT campus.



Aari Work Training at Pillaiyarkulam

The UBA Cell of Ramco Institute of Technology, with the support of the Panchayat President, Ms. V. Poonkodi, organized Aari Work training for the women of Pillayarkulam Village of Srivilliputhur Taluk, Virudunagar District on 01.04.2024. The UBA cell arranged for training through a Ms. Devi, a skilled Aari Work practitioner in Srivilliputhur. The program saw over 35 participants who were primarily **home makers, unemployed youth girls, school dropouts, and fresh graduates**. Even participants from **Women's self-help group** attended voluntarily. Since almost all the participants were either jobless or seeking jobs, this 2-hour program created interest in women and the desire to be self-employed. The event was a success because of the following reasons:

Sample Photos of the Event



Inauguration of Aari Work Training @ Pillaiyarkulam

Training Session in Progress @ Pillaiyarkulam



Training Session in Progress @ Pillaiyarkulam

A Section of the Audience in Aari Work Training

After the training, feedback was collected from participants. The link to the feedback is given below:

Feedback Link: rb.gy/q8rp9l (click or copy and paste in browser)

Workshop on Electrical Energy Conservation in Home Appliances

In order to create awareness on Energy Conservation among the general public, the Workshop on Energy Conservation in Home Appliances was conducted on 01.04.2024 by RIT-UBA. Over 35 public people of Pillaiyarkulam village benefited. The structure and content of the Workshop on Electrical Energy Conservation in Home Appliances, focusing on educating participants about energy consumption, promoting energy-efficient appliances, and fostering a commitment to sustainable practices. The workshop content is given below:

Energy-Efficient Appliances:

- Overview of Energy Star Ratings
- Selection Criteria for Energy-Efficient Appliances

Practical Tips for Conservation

- Proper Appliance Usage
 - (i). Refrigerators and Freezers, (ii). Washing Machines and Dryers
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